



JOHNS HOPKINS FALL RISK ASSESSMENT TOOL

By Johns Hopkins Medicine

The Johns Hopkins Fall Risk Assessment Tool (JHFRAT) is an evidence-based fall safety initiative. The risk stratification tool is highly effective when combined with a comprehensive protocol, and fall-prevention products and technologies. Hospitals and other health care organizations can take steps to prevent falls among their patients by implementing the JHFRAT toolkit.

Components of the popular fall risk assessment toolkit include:

- Johns Hopkins Fall Risk Assessment Tool
- License to use the JHFRAT at your hospital, either imbedded in your EMR or in paper format
- The Johns Hopkins Fall Prevention Guidelines by Risk Category
- Two publications by Johns Hopkins experts about the

effectiveness of the tool

- 15 minute online training module describing the development of the JHFRAT, instructions for effective use and a description of its effectiveness
- Unlimited access for your hospital's staff to the online training module

What has its impact been at Johns Hopkins?

The Johns Hopkins Fall Risk Assessment Tool (JHFRAT) was developed in 2005, and revised in 2007, as part of an evidence-based fall safety initiative. Since its implementation, the hospital has reduce its fall rate and fall injury rate by more than 20 percent.

Outcomes of implementing the Johns Hopkins Fall Risk Assessment toolkit include:

- Standardizes assessment of fall risk

{FALL-PREVENTION AND SAFETY: Falls are a common cause of injury, both within and outside of health care settings.

According to the CDC, in 2010, falls among older adults cost the U.S. health care system \$30 billion in direct medical costs. With the population aging, both the number of falls and the costs to treat fall injuries are likely to increase, requiring hospitals to develop effective fall prevention strategies.}

- Improves hospital and patient safety
- Adaptable to fit the specific needs and guidelines of your hospital or setting.